PEARLS:
For adult patients with uncontrolled external hemorrhagic or penetrating torso injuries:

- Titrate IV fluids to clinical end points:
  1. Delaying aggressive fluid resuscitation until operative intervention may improve outcome.
  2. Several poor outcomes associated with IV fluid administration have been suggested, including dislodgement of clot formation, dilution of clotting factors, and acceleration of hemorrhage caused by elevated blood pressure.

- Patients should be reassessed frequently, with special attention given to the lung examination to ensure volume overload does not occur.