

2.11 Nausea/Vomiting - Adult & Pediatric

EMT STANDING ORDERS- ADULT & PEDIATRIC

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- Routine Patient Care.
- For nausea allow patient to inhale vapor from isopropyl alcohol wipe 3 times every 15 minutes as tolerated.

ADVANCED EMT STANDING ORDERS- ADULT

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- Consider 500 ml IV fluid bolus for dehydration even if vital signs are normal.
 - May repeat 250 ml IV bolus if transport exceeds 15 minutes and patient's condition has not improved.
- Ondansetron 4 mg by mouth (PO).

PARAMEDIC STANDING ORDERS- ADULT

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- Ondansetron 4 mg IV/PO/IM **OR**
- Prochlorperazine 5 – 10 mg IV, or 5 mg IM, **OR**
- Metoclopramide 5 mg IV **OR**
 - May repeat any of the above medications once after 10 minutes if nausea/vomiting persists.
- Granisetron 0.1 – 1 mg IV over 5 minutes (one-time dose) **OR**
- Dolasetron 12.5 mg IV (one-time dose).

Antidote: For dystonic reactions caused by EMS administration of prochlorperazine or metoclopramide:

- Administer diphenhydramine 25 – 50 mg IV/IM.

PARAMEDIC STANDING ORDERS- PEDIATRIC



- Consider 10 – 20ml/kg IV fluid bolus for dehydration even if vital signs are normal.
- Ondansetron 0.1 mg/kg IV (maximum single dose 4mg), **OR**
- Ondansetron PO 4 mg **OR**
- Granisetron 10 micrograms/kg IV over 5 minutes (one-time dose).

ADVANCED EMT/PARAMEDIC EXTENDED CARE ORDERS

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- For motion sickness: administer diphenhydramine:
 - Adult: 25 mg by mouth
 - Ages 2 – 5 years: 6.25 mg by mouth
 - Ages 6 – 11 years: 12.5 - 25 mg by mouth
- May repeat IM prochlorperazine or metoclopramide every 4 - 6 hours as needed. (Paramedic only).

PEARLS:

- To reduce incidence of dystonic reactions, administer prochlorperazine and metoclopramide slowly over 1-2 minutes.
- Use prochlorperazine with caution in women of child bearing ages.